THE RELATIONSHIP BETWEEN CO-WORKER SUPPORT, SUPERVISOR SUPPORT, ORGANIZATIONAL SUPPORT AND EMPLOYEE TURNOVER INTENTION OF OPERATIONAL LEVEL EMPLOYEES IN APPAREL SECTOR, CENTRAL PROVINCE, SRI LANKA

Kularathne HMRD¹, Senevirathne YY²

¹Department of Human Resource Management, Faculty of Management, University of Peradeniya, Sri Lanka ²Department of Management Studies, Faculty of Management, University of Peradeniya, Sri Lanka

Abstract

Human Resources become the bottom line of any organization. Generating and retaining a talented and satisfied workforce is challengeable for current organizations. The feeling to exit from the organization arises due to many reasons and employee turnover intention is highly related by various support sources. The main objective of this study was to find & reveal the relationship between co-worker supervisor support, support, organizational support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka. Data gathered through a five-point likert type questionnaire were analysed using SPSS Data Analysing Package. As Findings of the study, there was a negative relationship between support sources and employee turnover intention of operative level employees.

Keyword: Co-worker support, Supervisor support, Organizational support, Turnover intention, Apparel Sector

1.INTRODUCTION

Employee turnover has always been one of the severe challenges faces by most of organizations. Employees who leave on the organization's request as well as those who leave on their own intention can cause interruptions and costs in operations, work team

dynamics and unit performance and low organizational productivity. [1] [3] highlighted that employees are considered as major contributors for overall organizational success.

The Sri Lankan apparel industry has begun in 1960s, manufacturing garment for home country market. But in 1970, the export leaning manufacturing of readymade garments has begun in the industry and around 300-350 number of apparel manufacturers contribute to Sri Lankan economy. Sri Lanka has become a world class apparel manufacturer supplying to global super brands. The industry upholds high ethical practices, eschews child and forced labour thus being known to the world as a producer of "Garments without Guilt". A substantial growth levels has been recorded by apparel industry over the past four decades and is currently the country's leading export, accounting for approximately 44 percent of total exports, and providing about 33 percent of the manufacturing employment in the country.

published that the reasons given by employers on deciding the recruitment of female employees. It figured that higher labor turnover of females was considered as a major concern made by employers when hiring females.

In Sri Lankan apparel sector, female machine operators are one of key players whose continuous physical presence is essential to achieve daily and monthly Targets especially in export garment manufacturing organizations. Therefore, it is needed to develop a thorough understanding of the employee turnover from

the perspective of sources of support within the organization in Sri Lankan Apparel m Sector.

2.LITERATURE REVIEW

2.1. Turnover Intention

Deliberate willingness and voluntary conscious of the employee is considered as the intention to quit from the organization [2] [3] [4]. Johanson and Guchait, 2009; Mobley et al., 1978). The conscious to seek new job opportunities as alternatives is the intention to voluntarily withdraw from the organization permanently ([2] [5].

2.2. Co-Worker Support

Assisting others at the workplace by knowledge sharing and providing support as well as encouragement is considered as co- worker support ^[6]. ^{[7][8]} mentioned that colleagues share their expertise knowledge with one another when that particular person is in a new situation or an issue where solutions or procedures are not readily available.

2.3. Supervisor Support

^[9] defined supervisor support as the supervisors behave in helping their employees to demonstrate the skills, knowledge, and attitudes collect from the training program

2.4. Organizational Support

Organizational support can be denoted as the extent which organizational workers perceive that their organization cares about them and values their contributions, services while facilitating to the well-being of workers [10]. Further, employees who have a sense of organizational membership as a part of employee self-identity have a feeling that organization supports them. [11] emphasized that organization support may take several aspects such as compliance support, financial support, career support.

2.5. Co-worker support and turnover intention

Frone et al. (1997) [12] found a negative relationship between coworker support and work distress. Coworker support has been identified as a characteristic that affects employee retention (George, 2015). Thompson and Prottas (2006) found that coworker support had a favorable relationship with turnover intention. In addition, Chiaburu and Harrison (2008) found that there was a negative relationship between coworker support and intention to quit. Conversely, Mossholder et al. (2005) found that coworker support did not predict turnover. Given the confused research findings that exist on the relationship between social relationships and turnover intention (Felps et al., 2009), the following hypothesis was proposed to consider influence between coworker support and turnover intention.

H₁: There is a negative significant relationship between co-worker support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka

2.6. Supervisor support and turnover intention

[18] found that supervisor support is negatively related to employee turnover. A high-quality relationship between supervisors and employees was cited as motivation for employees to stay at the organization (Ballinger et al., 2010). However, Teoh et al. (2016) found that supportive management behaviours did not reduce turnover intention. Supervisor support has been identified as a characteristic that affects employee retention [13]. When considering federal employees, Pitts et al. (2011) suggested that supervisor support is more important than co-worker support related to turnover intention As Hammer et al. (2011) noted, more research is needed to examine how employee perceptions of family-specific supervisor support link to organizational change initiatives. Therefore, the following hypothesis was proposed to consider influence between supervisor support and turnover intention:

H₂: There is a negative relationship between supervisor support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka

2.7. Organizational support and turnover intentionPrevious studies have found that Flexible Work Arrangements are negatively related to turnover

intentions ^[23] ^[] McNall et al., 2010). However, ^[18] found that organizational support was not a significant determinant when employees considered whether to leave the organization. In addition, Hill et al. (2016) found that family supportive organization perceptions were unrelated to turnover intention. Drawing on a sample of employees from multiple organizations (N = 135), Marchand & Vandenberghe (2016) found that Perceived Organizational Support to be negatively related to turnover intention. Employees who perceive less support from the organization may be more likely to leave the organization ^[27]. As a result, the following

hypothesis was proposed to consider influence between organizational support and turnover intention:

H3: There is a negative relationship between organizational support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka.

Conceptual framework for this study is shown in figure 1 and it was developed by the author by referring the research model of Conservation Research Theory built by [28].

Dependent Variable

Figure 1: Conceptual Framework

Independent Variables

Co-worker Support H1 Supervisor Support H2 Employee Turnover Intention Organizational Support

Source: Author Developed

3.METHOD

3.1. Study Design

Quantitative research design was used to conduct this study. This study examines the relationship between coworker support, supervisor support, organizational support and turnover intention of operational level employees in apparel sector, central province. According to Sekaran & bougie (2010), studies conducted to establish cause-and-effect relationship using the same natural environment in which employees normally function. Therefore, this is a correlational field study. Since no any factors were controlled or manipulated in this study, non-contrived settings were used to conduct this study where events

were naturally occurred with minimum researcher interference. This study is considered as a cross sectional study since data were gathered once through a questionnaire in a specific period of time (three weeks). The targeted population for this study was 650 working operative level employees and 242 operative level employees were selected as the sample according to the Morgan table through simple random sampling method. All operative level employees have almost similar job descriptions and job specifications to perform their jobs. Therefore, the sample was homogeneous and directly could be used to examine the whole population of this study.

3.2. Measures

Employee turnover intention is the dependent variable and was measured using a 5 likert scale having four

items (Q27, Q28, Q29 and Q30) which were positive statements developed by [30] with Cronbach's Alpha of 0.889 (($\alpha = 0.889$). Co-worker support, supervisor support and organizational support were independent variables and Co-worker support was measured using a 5 likert scale having seven items (Q6, Q7, Q8, Q9, Q10, Q11 and Q12) which were positive statements developed by [30] with Cronbach's Alpha of 0.946 ((α = 0.946), supervisor support was measured using a 5 likert scale having seven items (Q13, Q14, Q15, Q16, Q17, Q18 and Q19) which were positive statements developed by [30] Cronbach's Alpha of 0.947 ((α = 0.947) and organizational support was measured using a 5 likert scale having seven items (Q20, Q21, Q22, Q23, Q24, Q25 and Q26) which were positive statements developed by [30] Cronbach's Alpha of 0.926 $((\alpha = 0.926).$

3.3. Validity and Reliability of Instruments

Reliability of the measurement scales was tested by using Cronbach's alpha (α). As suggested by Bryman and Bell (2011), values of α > 0.8 are typically employed as a rule of thumb for acceptable internal reliability, though many researchers accept slightly 95 lower figures. Table 1 lists the Cronbach's alpha values for each of the study's constructs.

Table 1 Cronbach's Alpha Coefficients

Construct	Cronbach's Alpha	Number of items
Co-worker Support	0.992	7
Supervisor Support	0.988	7
Organizational Support	0.987	7
Employee Turnover Intention	0.938	4

According to Cronbach's Alpha, an acceptable level of reliability of a variable should be 0.8.

In this study, reliability of all variables is in the acceptable level as reliability of all independent variables and dependent variable are fallen above 0.9 as well as more are highly reliable as they exceeds 0.8 of reliability.

4.RESULTS

4.1. Frequency Distribution Analysis for Support and Employee Turnover Intention

Table 2 Frequency Distribution Analysis for Support and Employee

Statistics

		COWOR KER_SUP PORT	SUPERVI SOR_SUP PORT		TURNOV ER_INTE NTION
N	Vali d	212	212	212	212
	Miss ing	0	0	0	0
Mean		4.00	3.99	3.99	1.88
Median		4.00	4.00	4.00	1.50
Mode		5	5	4	1
Std. Dev	iation	1.002	.986	.985	.836
Variance	;	1.005	.972	.970	.699
Skewnes	s	-1.085	-1.014	-1.026	1.229
Std. Erro Skewnes	-	.167	.167	.167	.167
Kurtosis		.945	.733	.725	1.292
Std. Erro Kurtosis	or of	.333	.333	.333	.333
Sum		848	846	846	399

According to the table 2, mean value of each independent variable was greater than 3 (M > 3) as the mean value of co-worker support is 4.00, mean value of supervisor support is 3.99, mean value of organizational support is 3.99. According to the mean values of types of support (co-worker support, supervisor support and organizational support), it can be statically proved that respondents of the sample were perceiving triple support types within the organization. Mean value of dependent variable which was employee turnover intention is 1.88 which statistically proved most of respondents have responded towards "Disagree".

According to the presented results, standard deviation of co-worker support, supervisor support and organizational support and employee turnover intention, 1.002, 0.986, 0.985 and 0.836 respectively and the dispersions were in a widely-spread distribution.

Skewness measures the degree and direction of asymmetry. A symmetric distribution such as a normal distribution has a skewness of 0, and the results of this study for independent variables shows negative skewness which is -1.085, -1.014 and -1.026 where the distribution of independent variable data was skewed slightly to the left. It can be further statistically proved that the mean values of independent variables: coworker, support supervisor support and organizational support (4, 3.99 and 3.99 respectively) were less than median values of them (, but approximately close to the median. Employee turnover intention which was dependent variable has a positive skewness of 1.229 whichi can be statistically explained that data distribution of Employee turnover intention has been skewed to the right where mean value of Employee turnover intention (mean=1.88) is greater than the median value of it (median=1.50).

4.2. Correlation Analysis between Co-worker Support and Employee Turnover Intention of operative level employees

Table 3 Correlation Analysis between Co-worker Support and Employee Turnover Intention of operative level employees

Correlations

COLLEGE			
		TURNOVER_ INTENTION	COWORKER _SUPPORT
TURNOVER_ INTENTION	Pearson Correlation	1	751**
	Sig. (2-tailed)		.000
	N	212	212
COWORKER _SUPPORT	Pearson Correlation	751**	1
	Sig. (2-tailed)	.000	
	N	212	212

^{**.} Correlation is significant at the 0.01 level (2-tailed).

According to the table 3, Pearson correlation between the employee turnover intention of operational level employees and co-worker support is -.751which is negative and statistically significant at 1% (Significant= 0.000).

4.3. Correlation Analysis between Supervisor Support and Employee Turnover Intention of operative level employees

Table 4 Correlation Analysis between Supervisor Support and Employee Turnover Intention of operative level employees

operative level employees			
Correlations			
		TURNOVER_ INTENTION	SUPERVISOR _SUPPORT
TURNOVER_ INTENTION	Pearson Correlation	1	746**
	Sig. (2-tailed)		.000
	N	212	212
SUPERVISOR _SUPPORT	Pearson Correlation	746**	1
	Sig. (2-tailed)	.000	
	N	212	212
**. Correlation (2-tailed).	is significant at	the 0.01 level	

In the case of Pearson correlation between employee turnover intention of operational level employees and supervisor support, it is -0.746 which is negatively significant at 1% (Significant=0.000).

4.4. Correlation Analysis between Organizational support and employee turnover intention of operative level employees

Correlations

		TURNOVER_ INTENTION	ORGANIZATI ONAL_ SUPPORT
TURNOVER –	Pearson Correlation	1	766**
INTENTION	Sig. (2-tailed)		.000
	N	212	212
ORGANIZAT IONAL_SUP PORT		766**	1
	Sig. (2-tailed)	.000	
	N	212	212

^{**.} Correlation is significant at the 0.01 level (2-tailed).

In the case of Pearson correlation between employee turnover intention of operational level employees and organizational support, it is -0.766 which is negatively significant at 1% (Significant=0.000).

5.DISCUSSION AND CONCLUSION

5.1. Hypothesis Testing

5.1.1. Testing Hypothesis 1

H₀: There is no significant relationship between coworker support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka.

H₁: There is a negative significant relationship between co-worker support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka.

According to the results of Pearson correlation analysis between the employee turnover intention of operational level employees and co-worker support, correlation coefficient (r) is -.751 which is negative and statistically significant at 1% (Significant= 0.000).

Therefore according to the results of tests, the alternative hypothesis is accepted. Hence the data support the hypothesis that there is a negative relationship between the employee turnover intention of operational level employees and co-worker support in in apparel sector, central province, Sri Lanka.

This finding is supported by many studies done in the past. [15] found that there was a negative relationship between coworker support and intention to quit. Coworker satisfaction was found to be a predictor of employee turnover in a meta-analysis of antecedents of turnover intentions (Griffeth, Hom, &Gaertner, 2000). [12] found a negative relationship between coworker support and work distress. [33] noted that little work exists on how social relationships affect turnover.

5.1.2. Testing Hypothesis 2

H₀: There is no relationship between supervisor support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka.

H1: There is a negative relationship between supervisor support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka. According to the results of Pearson correlation analysis between the employee turnover intention of operational level employees and supervisor support, correlation coefficient (r) is -.746 which is negative and statistically significant at 1% (Significant= 0.000).

Therefore according to the results of tests, the alternative hypothesis is accepted. Hence the data support the hypothesis that there is a negative relationship between the employee turnover intention of operational level employees and supervisor support in in apparel sector, central province, Sri Lanka.

This finding is supported by literature findings. Dysvik & Kuvaas (2013) found that employees should be more likely to reciprocate towards the organization and have lower turnover intention when they perceive support from their supervisor. Supervisor support is negatively related to employee turnover [18]. A study of hospital employees demonstrated that individuals who shared a high-quality relationship with their supervisor were more likely to stay at the organization [19].

5.1.3. Testing Hypothesis 3

Ho: There is no relationship between organizational support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka. **H1:** There is a negative relationship between organizational support and turnover intention of operational level employees in apparel sector, central province, Sri Lanka.

According to the results of Pearson correlation analysis between the employee turnover intention of operational level employees and organizational support, correlation coefficient (r) is -.766 which is negative and statistically significant at 1% (Significant= 0.000).

Therefore according to the results of tests, the alternative hypothesis is accepted. Hence the data support the hypothesis that there is a negative relationship between the employee turnover intention of operational level employees and organizational support in apparel sector, central province, Sri Lanka. According to the past literature, supported findings were found. [26] found that Perceived Organizational Support to be negatively related to turnover intention. Previous studies have found that Flexible Work Arrangements are negatively related to turnover intentions [23] [24].

5.2. Conclusion

The researcher was able to find out negative relationship between support sources and employee turnover intention of operative level employees in apparel sector, central province, Sri Lanka. There was a significant negative relationship between co-worker support and employee turnover intention of operative level employees, between supervisor support and employee turnover intention of operative level employees and between organizational support and employee turnover intention of operative level employees in apparel sector, central province, Sri Lanka.

5.3. Implications of the research

The results and findings of this study have multiple implications for the field of human resource management in research and practice. Previous gaps in the literature were examined and hypothesized relationships between variables were tested which had not been previously explored in a single study design. First, research concluded that co-worker support, supervisor support and organizational support were shown to have significant relationships with employee turnover intention where the sources of support increases, employee turnover intentions decreases. Organizations need to focus on strong employee relations while focusing sources of support: co-worker

support, supervisor support and organizational support in order to remain them within the organization.

employee turnover can be costly to organizations and is manifested in areas such as recruitment, selection, training, and implicit knowledge [33] As a result, it is incumbent upon organizations to make every effort to mitigate turnover. Turnover can also impact the organizational culture as it is more difficult to build trust and support within teams when new employees are constantly being on entered. Human resource managers are often tasked with functional roles to maintain compliance and make personnel decisions. These job demands are often carried out by understaffed HR departments and the resources available to increase employee engagement are often minimal. Therefore, it is important that key resources are deployed to ensure that support is available to employees throughout all levels of the organization. Third, supervisors should be provided formal training as

part of their managerial preparation to reiterate the importance of creating a supportive culture. These training programs should include the implementation of work-family benefit programs across departments so that these are applied on a consistent basis and not subject to the sole discretion of individual supervisors.

Fourth, supervisors should take an active role in promoting positive relationships between coworkers and teams. Supervisors who engage in unsupportive behaviors will likely enforce hindrance culture that discourages employees to support each other. As lower levels of coworker support can also lead to increased turnover intention, supervisor behaviors can be influential on how coworkers treat each other. Supervisors hold a critical role in perpetuating workplace perceptions that become embedded in the organizational culture. Perceptions that discourage participation in work-family programs or support between coworkers can be changed by supportive supervisor behaviors. These actions can accomplished by allowing employees to have flexibility to balance roles between the work and family domains. Such supportive behaviors signal to employees that managers care about them and provide resources to alleviate stressors that arise between the work and family roles. As a result, these supportive behaviors will help to promulgate a positive workplace culture. Finally, supervisor performance reviews should include

components of supportive activities that can be measured and tied to compensation.

5.4. Limitations and Recommendations

As is common to all research, limitations were acknowledged. First, this study was conducted based on time constraint and geographical constraint. This research aimed to find out the relationship between sources of support (co-worker, support supervisor and support organizational support) and employee turnover intention of operative level employees in apparel sector, central province, Sri Lanka so that findings were unable to generalized correctly. Sample was taken by considering only four garment manufacturing firms located in central province so that sample didn't represent whole apparel sector in Sri Lanka.

Second, the results from this study also provide several new pathways for researchers and practitioners to conduct future studies and initiate change within organizations. In addition, various sources of support can impact employee outcomes such as turnover intention. Negative correlations were shown to exist between various support levels and turnover intention. Third, this study demonstrated that different levels of support in the organization affirms that each can uniquely make a relation on employee turnover intention ultimately on organizational outcomes such as overall productivity. But, this study was unable to explore the relationship of sources of support with employee turnover intention. The current literature has not adequately addressed multiple levels of support simultaneously when conducting organizational research. Therefore, future researches can pay attention on each source of support individually to analyze the relationship that it makes on overall productivity of the organization.

Fourth, this study did not aim to find the impact of sources of support on employee turnover intention. Fugue researches can be extended to explore the impact of sources of support on employee turnover intention in organizations or industries. Since organizations face highly volatile competitive environment, retaining a talent pool become vital role of the practitioner. Thus, future researches can be done to find out the extent of influence that sources of support generates on employee retention within the organization.

Final limitation can be set those relationships among sources of support that were not considered in this research. It is very important to find out the effect of one source of support on another For example, organizational support may have an impact on supervisor support or co-worker support. Then, first priority should be the root cause (organizational support in this example) to exist other support levels (Supervisor support and co-worker support in this example).

REFERENCES

- [1] "Sri Lanka Labour Demands Survey 2017,"
 Department of Census and Statistics, Ministry of
 National Policies and Economic Affairs,
 Colombo, Sri Lanka.. 2017.
- [2] Tett, R. and Meyer, J. (1993). Job Satisfaction, Organizational Commitment, Turnover Intention and Turnover Path Analyses Based on Meta-Analytic Findings. Personnel Psychology, Vol.46, pp. 259-93.
- [3] Cho, S., Johanson, M. M., & Guchait, P. (2009). Employees intent to leave: A comparison of determinants of intent to leave versus intent to stay. *International Journal of Hospitality Management*, 28(3), 374–381.
- [4] Mowday, R., Koberg, C., & McArthur, A. (1984). The Psychology of the Withdrawal Process: A Cross-Validational Test of Mobley's Intermediate Linkages Model of Turnover in Two Samples. *The Academy of Management Journal*, 27(1), 79-94.
- [5] Zhou, J., & George, J. M. (2001). When job dissatisfaction leads to creativity: Encouraging the expression of voice. Academy of Management journal, 44(4): 682-696.
- [6] Scott, S. G., & Bruce, R. A. (1994). Determinants of innovative behavior: A path model of individual innovation in the workplace. Academy of management journal, 37(3): 580-607
- [7] Perry-Smith, J. E. (2006). Social yet creative: The role of social relationships in facilitating

- individual creativity. Academy of Management Journal, 49(1): 85-101.
- [8] Eisenberger, R., Armeli, S., Rexwinkel, B., Lynch, P. D., & Rhoades, L. (2001). Reciprocation of perceived organizational support. Journal of Applied Psychology, 86: 42–51.
- [9] Eisenberger, R., Huntington, R., Hutchison, S., & Sowa, D. (1986). Perceived organizational support. Journal of Applied Psychology, 71: 500–507.
- [10] Kraimer ML, Wayne SJ (2004). An examination of perceived organizational support as a multidimensional construct in the context of an expatriate assignment. Journal of Management, 30(2): 209-237.
- [11] Frone, Michael & Yardley, John & Markel, Karen. (1997). Developing and Testing an Integrative Model of the Work Family Interface. Journal of Vocational Behavior. 50. 145-167.
- [12] <u>George, C.</u> (2015), "Retaining professional workers: what makes them stay?", <u>Employee</u> <u>Relations</u>, Vol. 37 No. 1, pp. 102-121
- [13] Thompson, Cynthia & Prottas, David. (2006). Relationships Among Organizational Family Support, Job Autonomy, Perceived Control, and Employee Well-Being. Journal of occupational health psychology. 11. 100-18.
- [14] Chiaburu, Dan & Harrison, David. (2009). Do coworkers make the place? Conceptual synthesis and meta-analysis of lateral social influences in organizations. Journal of Applied Psychology. 93.
- [15] MOSSHOLDER, K., RICHARDSON, H., & SETTOON, R. (2011). HUMAN RESOURCE SYSTEMS AND HELPING IN ORGANIZATIONS: A RELATIONAL PERSPECTIVE. *The Academy of Management Review*, *36*(1), 33-52.
- [16] Felps, Will & Mitchell, Terence & Hekman, David & Lee, Thomas & Holtom, Brooks & Cook, Wendy. (2009). Turnover Contagion: How Coworkers' Job Embeddedness and Job Search Behaviors Influence Quitting. Academy of Management Journal. 52. 545-561.
- [17] Eisenberger, R., Fasolo, P., & Davis-LaMastro, V. (2002). "Percieved organizational support and employee diligence, commitment, and innovation". Journal of Applied Psychology, 75, 51-59.

- [18] Zibarras, Lara & Ballinger, C.. (2011). Promoting environmental behaviour in the workplace: a survey of UK organisations. Going green: The psychology of sustainability in the workplace. 1-5.
- [19] Albar-Marin, M. J., & Garcia-Ramirez, M. (2005). Social Support and Emotional Exhaustion among Hospital Nursing Staff. The European Journal of Psychiatry, 19(2).
- [20] Kirkman, Laura E., "The Implications of Rising Turnover and Voluntary Turnover within the Federal Government" (2017).Honors Theses. 508.
- [21] Hammer, L. B., Kossek, E. E., Bodner, T., & Crain, T. (2013). Measurement development and validation of the family supportive supervisor behavior short-form (FSSB-SF). Journal of Occupational Health Psychology, 18, 285–296
- [22] Allen, David, G., Griffeth, and Rodger, W. (2001). Test of a Mediated Performance-Turnover Relationship Highlighting the Moderating Roles of Visibility and Reward Contingency. Journal of Applied Psychology, 86 (5), 1014-1021
- [23] Jessica M. Nicklin & Laurel A. McNall (2013) Work–family enrichment, support, and satisfaction: A test of mediation, European Journal of Work and Organizational Psychology, 22:1, 67-77
- [24] Hom, Peter & Lee, Thomas & Shaw, Jason & Hausknecht, John. (2017). One Hundred Years of Employee Turnover Theory and Research. Journal of Applied Psychology. 102.
- [25] Marchand, C., & Vandenberghe, C. (2016). Perceived organizational support, emotional exhaustion, and turnover: The moderating role of negative affectivity. *International Journal of Stress Management*, 23(4), 350–375.
- [26] Wayne, S. J., Shore, L. M., & Liden, R. C. (1997). Perceived organizational support and leader-member exchange: A social exchange perspective. Academy of Management Journal, 40: 82–111.
- [27] Hobfoll SE. (2001). The influence of culture, community, and the nested-self in the stress process: advancing conservation of resources theory. Appl. Psychol.: Int. Rev. 50(3):337–70

- [28] Sekaran, U., & Bougie, R. (2010). Research methods for business: A skill-building approach (5th ed.). Haddington: John Wiley & Sons.
- [29] Bontrager, M. (2018) 'An examination of the influences of organizational, supervisor, and coworker support on the relationship between flexible work arrangements and turnover intention of civilian federal employees', .Human Resource Development Theses and Dissertations., Paper 25.
- [30] Bryman, A & Bell, Emma. (2007). Business Research Method.
- [31] Griffeth, R.W. Hom, P.W. & Gaertner, S. (2000). A Meta-Analysis of Antecedents and Correlates of Employee Turnover: Update, Moderator Tests, and Research Implications for the Next Millennium. Journal of Management, 26(3).
- [32] Joiner, T. A. (2007). Total Quality Management and Performance: The Role of Organizational Support and Coworker Support. International Journal of Quality & Reliability Management, 24(6).
- [33] Dysvik & Kuvaas (2013). Intrinsic and extrinsic motivation as predictors of work effort: The moderating role of achievement goals. The British journal of social psychology, Vol.52
- [34] Baldwin, T. T., & Ford, J. K. (1988). Transfer of training: A review and directions for future research. Personnel Psychology, 41(1), 63-105.
- [35] Bhatti, MA., Mohamed Battour, M., Pandiyan Kaliani Sundram, V., & Aini Othman, A. (2013). Transfer of training: does it truly happen? An examination of support, instrumentality, retention and learner readiness on the transfer motivation and transfer of training. European Journal of Training and Development, 37(3), 273-297.
- [36] Cohen, J., Cohen, P., West, S. G., & Aiken, L. S. (2001). Applied multiple
- [37] Department of Census and Statistics (2019) *Labour force*, Available at: http://www.statistics.gov.lk/page.asp?page=Labour%20Force (Accessed: 15th August 2019).
- [38] Doblhammer et al. (2009), "A systematic literature review of studies analyzing the effect of sex, age, education, marital status, obesity and smoking on health transitions", Interntional journal of psychology, vol. 20, pp. 37-64.

- [39] Eisenberger, R., Cummings, J., Armelo, S., & Lynch, P. (1997). Perceived organizational support, discretionary treatment, and job satisfaction. Journal of Applied Psychology, 82: 812–820.
- [40] Eisenberger, R., Fasolo, P., & Davis-LaMastro, V. (1990). Perceived organizational support and employee diligence, commitment, and innovation. Journal of Applied Psychology, 75: 51–59.
- [41] Eisenberger, R., Rhoades, L., & Cameron, J. (1999). Does pay for performance increase or decrease perceived self-determination and intrinsic motivation? Journal of Personality and Social Psychology, 77: 1026–1040
- [42] Elaine, M. (1997). Job tenure shift for men and women. HR Magazine 42(5):20.
- [43] Elanain, H. (2014) 'Leader-member exchange and intent to turnover: Testing a mediatedeffects model in a high turnover work environment', *Management Research Review*, 37
- [44] Fass, R. D., Bishop, J. W., & Glissmeyer, M. Perceived Co-worker Support and Task Interdependence in Law Enforcement. [Online]. Available: http://www.swdsi.org/swdsi07/2007 proceedin
 - http://www.swdsi.org/swdsi07/2007 proceedings/papers/535.pdf
- [45] Griffeth, R., Hom, P., and Gaertner, S. (2000). A meta analysis of antecedents and correlates of employee turnover: Update, moderator tests, and research implications for the next millennium. J. Manage 26, 463-488.
- [46] Griffeth, R.W., Horm, P.W. and Gaertner, S. (2000). Meta-Analysis of Antecedents and Correlates of Employee Turnover: Update, Moderator Tests, and Research Implications for the Next Millennnium. Journal of Management, 26, 463-488.
- [47] Hodson, R. (1997). Group Relations at Work. Work and Occupations, 24(4).
- [48] Igharia, I. and Greenhaus, J. (1992). The Career Advancement Prospects of Managers and Professionals. Decision Sciences, 23(2), 478-500.
- [49] Ismail, A., Hasan, A. B. M., & Sulaiman, A. Z. (2010). Supervisor's role as an antecedent of training transfer and motivation to learn in training programs. Economica, 7(2), 18-37.

- [50] Lindorff, M. (2001). Are They Lonely at the Top? Social Relationships and Social Support among Australian Managers. Work and Stress, 15, 274-282.
- [51] MA: Routledge.
- [52] MacGlaham, P. (2006). HR development survey of South Africa. 167.
- [53] Mangione, T. (1973). Turnover-Some Psychological and Demographic Correlates, the 1969-1970 Survey of Working Conditions. University of Michigan, Survey Research Center.
- [54] Miller, J., and Wheeler, K. (1992). Unraveling the Mysteries of Gender Differences in Intentions to Leave the Organization. J. Organ. Behav. 13, 465-478.
- [55] Nijman, D.-J. J., Nijhof, W. J., Wognum, A., & Veldkamp, B. P. (2006). Exploring differential effects of supervisor support on transfer of training. Journal of European Industrial Training, 30(7), 529-549
- [56] Putter, S. E. (2013). Making training stick: a close examination of how trainee readiness, supervisor support, and practice foster transfer in a mobile technology based training program. PhD Dissertation. Retrieved from: https://dspace.library.colostate.edu/bitstream/handle/10217/80969/Putter_colostate_0053A 12035.pdf?sequence=1.
- [57] regression/correlation analysis for the behavioral sciences (3rd ed.). Danvers,
- [58] Sousa-Poza, A., and Henneberger, F. (2002). Analyzing Job Mobility with Job Turnover Intentions.
- [59] Van der Klink, J., Blonk, R., Schene, A. H., & Van Dijk, F. (2001). The benefits of interventions for work-related stress. American journal of public health, 91(2), 270-281.
- [60] Agrawal, R. & Tyagi, A. (2010) 'Organisational culture in Indian organisations: an empirical study', *International Journal of Indian Culture and Business Management*, 3(11), pp. 9-10.
- [61] Albar-Marin, M. J., & Garcia-Ramirez, M. (2005). Social Support and Emotional Exhaustion among Hospital Nursing Staff. The European Journal of Psychiatry, 19(2).